

Growing Minds presents

COFFEE & CONVERSATIONS *Parent Gatherings*

The role of a parent is harder than ever right now! Parents and caretakers are invited to join in community with a Growing Minds' early childhood specialist to learn about, discuss, and find and give support around parenting challenges.



Let's chat about separation challenges, holiday survival kit, K-readiness, promoting siblings/social relationships, toilet prep/difficulties, picky eating and food avoidance, sleep challenges